



## Iron Chefs' Competition at the NC and SC ANFP Fall Conference in Cherokee

Competition was strong, serious and fun! We didn't know we had so many chefs among us. The Chefs of Harrah's were all there mentoring while the audience was cheering for their respective Chapters. There was such an interesting array of ingredients to choose from and the judges had some attractive and palatable dishes to taste and judge. It was an entertaining and educational session. The SC Chapter Chefs "threw down the gauntlet" for NC! Those NC Chefs got down to serious business!



One of SC ANFP Chefs' presentations looked great and very edible!

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More chefs busily working on their presentations. NC ANFP's team of Chefs prepared a four course meal.

Having SC ANFP join us again was special and NC ANFP is looking forward to more joint conferences with them. The Fall Conference of 2019 is already set in Myrtle Beach again at the Oceanfront Double Tree Hotel. Start saving now so you can attend.



Enjoying good food and fellowship at the banquet on Thursday night.



Joyce Gilbert, PhD, RDN, National ANFP President and CEO, Debbie McDonald, CDM, CFPP, of Texas, a past National ANFP Chair, Felecia Smith, CDM, CFPP, Director at Large of Wyoming and NC ANFP Immediate Past President, Omar Humes, CDM, CFPP, were all at the Fall Conference. Debbie and Felecia both presented timely and educational topics we can all take home and use.

It was a special privilege to have Felecia's parents from South Dakota present also.

Joyce shared information on all the new technological sites and educational tools ANFP has added for the members use. One is the new Video Site where other members have already shared ideas and information to help managers, leaders, chefs and directors in their daily operations. She also refreshed our minds on all the other offerings ANFP has supplied for members through the years.



The Nominating Committee is again looking for candidates for President Elect. The candidates will be voted on and the winner will be installed at the NC ANFP Spring Conference. Send to: Wanda Dickson, CDM, CFPP  
email : [wmdic421@gmail.com](mailto:wmdic421@gmail.com), Phone: 501-276-0984

The Awards Committee would like to present a Support Staff Award to a deserving working staff in some CDM, CFPP's facility. We know you have some. Send names and reasons why they deserve the Award to the above email or call me with information. It will be presented at the 2019, Spring Conference Banquet. Thanks much! Wanda



**2018-19 CDM, CFPP of the Year is Quintana Smith, CDM, CFPP, of Blumenthal Nursing and Rehab in Archdale, NC. Quintana was nominated by a peer and chosen by the Awards Committee. The Award was presented at the Thursday night banquet of the Fall Conference by Wanda Dickson, CDM, CFPP, Awards Committee Chair. Since Quintana was unable to attend the conference, the award was accepted for her by Robin Swanson, CDM, CFPP**

**DID YOU KNOW?** NC ANFP now has our own state chapter communications App. You can go to: <https://vimeo.com/263167323>. The pass word is: **ncanfp2018**. You can chat with any member you want, get information or ask questions for problem solving. **COMMUNICATE WITH YOUR PEERS!**

The WHOVA APP was used quite extensively at the 2018 Fall Conference. Some really great pictures were taken and posted on the Conference Site. Those of you who were not privileged to attend can see those by pulling up our event on the APP.



**STILL CELEBRATING NC ANFP as winner of the 2018 DIAMOND AWARD which was accepted by Omar Humes, CDM, CFPP, at the annual ANFP Conference and EXPO!**

## **FALL CONFERENCE TAKE-AWAYS**

The Fall Conference at Harrah's Cherokee was an excellent time this year. There was much fellowship and networking as well as education. As we move through the installments of our joint conferences, I am beginning to see and feel a deeper kinship between the Carolina's.

I wanted to share with the North Carolina Board some feedback that I had received from my administrator, Millicent Morley. Millicent is licensed in Tennessee, North Carolina and South Carolina and was very excited to attend her first ANFP Conference.

She has said several times since the conference that she is just so blown away by the organization of the conference. She said that North and South Carolina ANFP clearly have everything together and that North Carolina went above and beyond with hospitality. She enjoyed our education sessions and also learning from Dr. Joyce Gilbert about the ANFP, who we are, and what we do.

Millicent spent a great deal of time speaking with Dr. Joyce Gilbert about the ANFP on Thursday. She wanted to learn as much as she possibly could about our organization, and she has been proud to share it with other administrators she has met. She is excited about the possibility of attending another ANFP conference! I, myself, am very excited for the next installment of our joint conference in October of 2019. I hope to see all of you there!

Renee Spence, CDM, CFPP  
President South Carolina ANFP

## From the President's Desk



As autumn days are now here in Western NC, I wanted to take a moment to reflect on the recent NC/SC Conference in Cherokee, NC. It was wonderful to see such a great turnout considering the circumstances of the devastation to both states from Hurricane Florence.

Each day of our conference was filled with new and exciting information in spite of all the entertainment that was surrounding each of us. I watched in wonder at new faces, as questions were asked and the participation from Dietary Managers of both states occurred.

As I enjoyed watching, the members from both states were focused and interacting with each other during the learning sessions. The breaks were spent networking among many. We were an exceptional example to our National CEO and President, Dr. Joyce Gilbert, and the other National Officers who were in attendance.

The food Expo with our partners was done with pride as always. It was gratifying to see all of you visiting with vendors and taking time to get to know them. They are an integral part of our success as a chapter.

It was a new experience for me to be there answering questions and taking care of business. I want to thank each of you for your kind words of encouragement and support as I make my way being your President. One of my favorite moments was when the announcement of the Iron Chefs' competition winning team happened. I was so impressed with the enthusiasm of members and cheering sections from both states for the teams. It was so fitting that a team of combined members from both states was the competition winner. The team from our NC chapter prepared a four-course meal which was amazing! We want to thank Harrah's for the participation of their chefs and all the wonderful ingredients they supplied for the event as well as all the judges.

It was an honor knowing our governor, Roy Cooper, recognized our Chapter and the work we have accomplished. Now, we are turning our attention to more disaster relief for the victims of Hurricane Florence. This will change some of our goals for the chapter in light of the devastation in Healthcare Facilities in assisting our peers and out in the local communities. We will continue also to work toward a stronger foundation for NC ANFP. I look forward to seeing each of you soon.

Always grateful,  
Susan Gerrie, CDM, CFPP  
NC ANFP PRESIDENT

**NCANFP wants to thank all our partners/vendors who exhibited at the EXPO and/or contributed to the Fall Conference in any way. Together, we can accomplish goals for both of us that we would not accomplish alone.**

**Also, thanks to all the speakers and participants on the program. A well organized and diverse program was put together. With your participation and help, it was a success.**

## STATE OFFICERS

### President

Susan L Gerrie, CDM, CFPP  
20 Brentwood Drive  
Asheville, NC 28806  
(no current number)  
Email: [sgpink62808@yahoo.com](mailto:sgpink62808@yahoo.com)

### President Elect

Robin Swanson, CDM, CFPP  
6429 Bellcross Trl  
Whitsett, NC 27377  
336-794-4972  
Email: [chozin2serv@yahoo.com](mailto:chozin2serv@yahoo.com)

### Treasurer

Garland McBride, CDM, CFPP  
256 N. Gordon Dr.  
Winston Salem, NC 27104  
Work: 336-747-1153  
Email: [Garlando33@hotmail.com](mailto:Garlando33@hotmail.com)

### Secretary

Ryan Hinman, CDM, CFPP  
600 Barrett Lane  
Asheville, NC, 28803-6000  
828-747-1641  
Email: [hinesgkdaa@gmail.com](mailto:hinesgkdaa@gmail.com)

### Immediate Past President

### Program Chair

Omar Humes, CDM, CFPP  
2420 Lake Wheeler Road  
Raleigh, NC 27613  
919-452-2622  
Email: [ohumesanfncboard@gmail.com](mailto:ohumesanfncboard@gmail.com)

## COMMITTEE CHAIRS

### Scholarship

Garland McBride, CDM, CFPP  
256 N. Gordon Drive  
Winston Salem, NC 27104  
Work: 336-747-1153  
Email: [Garlando33@hotmail.com](mailto:Garlando33@hotmail.com)

### Nominating & Teller

Wanda M. Dickson, CDM, CFP  
4426, Carving Tree Drive  
Mint Hill, NC 28227  
Cell Pho: 501-276-0984  
Email: [wmdic421@gmail.com](mailto:wmdic421@gmail.com)

### Webmaster

Joseph Burdette, CDM, CFPP  
3178 York Place  
Walkertown, NC 27051  
336-389-4119  
Email: [Mire.poix@hotmail.com](mailto:Mire.poix@hotmail.com)

### Hospitality

Peggy Inman, CDM, CFPP  
Email: [peggyinman@valleyrehab.c](mailto:peggyinman@valleyrehab.c)

### Historian

Betsy Phillips, CDM, CFPP  
Email: [Phillipsbetsy6@gmail.com](mailto:Phillipsbetsy6@gmail.com)

### Newsletter /Awards

Wanda M. Dickson, CDM, CFPP  
(See nominating/tellers for information)

### Mentoring

Susan Gerrie, CDM, CFPP  
(See president for information)

### Membership

Robin Swanson, CDM, CFPP  
(See President Elect for information)

## UPCOMING MEETINGS

Look for news on the NC ANF SPRING CONFERENCE ON THE APP SITE.

### Spring Regional Meetings

Sheraton Mission Hotel, San Diego, CA  
Members Pre-registration through February 20: \$159.00,  
Non Members Pre-registration: \$209.00,

Date: March 14-15-2019  
After February 20, 2019: \$209.00  
After February 20, 2019: \$259.00

Double Tree by Hilton Hotel Pittsburgh – Green Tree  
Members Pre-registration through March 14, 2019  
Non-members Pre-registration through March 14, 2019

Date: April 4-5-2019  
Fees are same as above  
Fees same as above

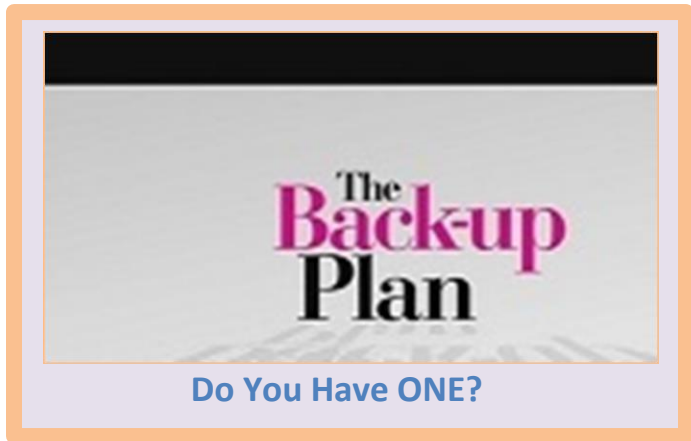


Dr Joyce Gilbert, ANFP CEO & PR, and Omar Humes

Ginger Cater, CDM, CFPP, of SC ANFP carved the beautiful cantaloupe below. Ginger is a past SC ANFP Pr. and past Nat'l ANFP Chair.



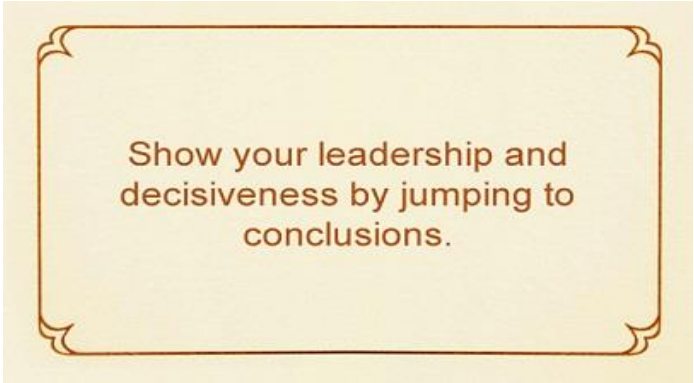
Cantaloupe Carving from Fall Conference



As head of the Nutritional Services Department, the CDM, CFPP should have a PLAN for any occurrence out of the normal daily routine. No day is ever the same in any department. There are incidents out of the ordinary such as a water pipe breaking, the dish machine quits, a tornado hits the facility. Be prepared. Have a BACK-up PLAN in place and staff trained.

(The Back-up Plan Poster and "Show your leadership" from Google Sites, Wanda Dickson)

## Do You ?



- Stay Calm?
- Look at all the aspects and sides of the incident?
- Check out the facts for yourself?
- Make decisions on the facts?
- Lose your "cool" in the presence of staff?
- Make decisions on "he said, she said, they said"?
- Stand behind your staff on your decisions?



## NATIONAL NEWS

Need CE's: CE's are available for a reduced price.

See them in the September-October issue of the EDGE.

Topics are: 1. Cooking for Holidays, Culinary Connection

2. Holiday Menus; Planning for Success, Food Protection Connection

3. Jewish Food Practices and Celebrating Hanukkah, Nutrition Connection

**FYI:** Did you read the article in the September-October EDGE entitled: **CMS Begins Enforcement of New Rule to Bolster EMERGENCY PREPAREDNESS?** Healthcare Facilities are required to have an Emergency Preparedness Plan in place at all times. This article contains information pertinent to requirements and how to prepare.

**Did You Know About ANFP TV?** *It is a new video resource library for members. Check it out!*

ANFP Members now have the capability of searching for new members on the **NEW MEMBER SITE** . Find new members in your state or within a certain radius within your state.



**HAPPY THANKSGIVING** Everyone! Don't eat too much Turkey---and Pumpkin Pie! Enjoy the bountiful harvest of veggies and Fruits. Wanda Dickson, CDM, CFPP, Editor

## THOUGHTS ON THANKSGIVING

As we express our gratitude, we must never forget that the higher appreciation is not to utter words, but to live by them. John F. Kennedy

I am grateful for what I am and have. My thanksgiving is perpetual... O how I laugh when I think of my vague indefinite riches. No run on my bank can drain it, for my wealth is not possessions but enjoyment. Henry David Thoreau