

# The Role of the CDM



**SAFE FOOD FOR  
SENIORS  
INITIATIVES**

# Today's Agenda

- Introductions
- Patient safety is goal number one in LTC and hospitals
- Challenge – to get cosponsors for the Safe Food for Seniors Act
- Opportunity – to implement minimal training or certification requirements for all federally-funded skilled nursing facilities.

# *(state name)* Impact Team

(name) - *presenter*  
*(position)*  
*(organization)*

(team member name)  
*(position)*  
*(organization)*

(team member name)  
*(position)*  
*(organization)*

(team member name)  
*(position)*  
*(organization)*

# Who We Represent

- *(state)* **ANFP** –  
**Association of Nutrition and Foodservice Professionals**
- **Over 14,000 members** strong across the USA!
- Members work in long-term care facilities or hospitals.
- CDM, CFPP = Educated, trained, and qualified professionals.

EXAMPLE

(State Logo from ANFP chapter website, or contact Kim Ellison.)



Association of Nutrition & Foodservice Professionals

- ANFP was **started in** (*City, State name*) over ## years ago
- (*State name*) continues to increase its member numbers throughout the years, **### members** as of (*date*), 2015!
- (*State name*) continues to be on the cutting edge of new developments in **food science, technology, education, management, and food safety**



# Protecting Seniors and Promoting Food Safety

- Foodborne illness is a serious public health threat to Americans of all ages but **seniors are often most at-risk.**

## USDA and CDC statements:

- 48 million cases of foodborne illness every year in the US
- >128,000 people are hospitalized
- Almost 3,000 deaths occur annually

## The Challenge:

There is no minimum federal training or certification for a director of food services.

The HHS regulations at 42 CFR 483.35 say that staffing must include a full-time, part-time, or consulting dietitian.

Who is responsible for services when a part-time or consulting dietitian is not present?

- One-half of all nursing homes and long-term care facilities in the US have only **ONE** full-time kitchen staff member certified in safe food handling, preparation, and sanitation.
- Only **17** states require CDM certification from the Certifying Board for Dietary Managers (CBDM) for long-term care facilities and/or hospitals.

## Bottom Line

More seniors, more health risks!

# Safe Food for Seniors Act

- Requires that federally-funded skilled nursing facilities have their director of food services, in the absence of a full-time dietitian, be trained as a Certified Dietary Manager, Certified Food Protection Professional (CFPP), or a Dietetic Technician, Registered (DTR), or have the equivalent training from military experience or traditional education.



# What's the Difference between a Manager and a Certified Dietary Manager?

	DM	CDM
<i>Director of Dietary Services</i>	Yes	Yes
<i>Educational requirements met in medical nutrition therapy, foodservice management and human resources</i>	No	Yes
<i>Passed an approved ANFP exam administered by ACT, Inc.</i>	No	Yes
<i>Completes continuing education requirements of 45 credits every three years to maintain CDM credential</i>	No	Yes
<i>Works closely with an Registered Dietitian</i>	Yes	Yes

# Scope of Practice

**There are 27 different CDM practices, ranging from:**

- Conducting routine client nutritional screening, which includes gathering food/fluid intake data;
- Managing a sanitary foodservice environment;
- Developing and implementing policies and procedures.

**Full disclosure for CDM,CFPP Scope of Practice at**

[http://www.anfponline.org/training/CDM\\_CFPP.shtml](http://www.anfponline.org/training/CDM_CFPP.shtml)

# States Recognizing the CDM Credential

State Name	LTC	Hospital		State Name	LTC	Hospital
Alaska	CDM/Course	CDM/Course		Maryland	CDM	
Arkansas	CDM	CDM		Mississippi	CDM	
California	CDM	CDM		Missouri		CDM
Delaware	CDM			North Carolina		CDM
Florida	CDM			North Dakota	CDM	
Hawaii	CDM/Course	CDM		Oklahoma	CDM	CDM
Illinois	CDM/Course			South Carolina	CDM	CDM
Iowa	CDM/Course			South Dakota	CDM/Course	CDM/Course
Kansas	CDM	CDM		West Virginia	CDM	
Maine	CDM			Wyoming		CDM

**CDM:** the state recognizes the CDM credential as one of the qualifications to be a dietary department supervisor.

**COURSE:** the state requires that the dietary department supervisor, as a minimum, have successfully completed the ANFP course.



*(state name)* is not on the list ...

A Simple Solution:

Pass the **Safe Food for Seniors Act**.

This law will fill the void in CMS regulations to raise the standard of care for seniors by requiring nursing home and other long-term care facilities receiving federal funds to require the director of foodservice, if not a full-time qualified dietitian, to at least be certified by the Certifying Board for Dietary Managers or to have adequate alternative training.

# Congress must act to further protect our seniors from foodborne illnesses

By recognizing the CDM credential,  
we can make this happen.

**Will you cosponsor the  
Safe Food for Seniors Act?**