



**INDIANA ANFP
STATE OFFICERS**

President:
Andrea Armstrong CDM/CFPP
AAarmstrong@iuhealth.org

President Elect:
Bob Milligan CDM/CFPP
219-963-7646
Bob_Milligan@aol.com

Secretary:
Stephanie James CDM/CFPP
812-202-3561
Sjamescdm@hotmail.org

Treasurer
Maggie Rowlands, CDM/CFPP
547-946-2151
mrowlands@pmhnet.com

Newsletter Editor:
Thomas Thaman, CDM, CFPP
317-292-8981
tthaman@sbcglobal.net

INSIDE THIS ISSUE:

Presidents Message	1
Indiana ANFP Spring Meeting	2
Policy and Procedure Update	3
Pride in Foodservice Week	3
Treasury Report	4
Indiana ANFP Awards	5
A look back on 2024 in pictures	6

The Hoosier—Winter 2024



ANFP Association of
Nutrition & Foodservice
Professionals

VOLUME 48 ISSUE 13

WINTER 2024

A Look Back on 2024 by Andrea Armstrong, CDM, CFPP

Hello Hoosiers, I hope this greeting finds you well and you are enjoying this holiday season! This certainly has been a busy year, as we look back Indiana CDM, CFPP's have many accomplishments to be proud of in 2024 and the upcoming year should be just as exciting!

We began the year preparing for the Annual Indiana Spring Conference, the 2024 event was held in April over three education packed days in centrally located Anderson, Indiana. Some highlights from that event were an interactive "Modified Texture Food Lab" presented by Rubicon and Simply Thick, Sandra Lucas presented an informative ethics session on Implicit Bias, our Hoosier CDM, CFPP's presented on Elevating the Culinary Experience and Change Management as well as other great sessions presented by our industry partners. During the three day event 15 CEUs were offered as well as a vendor fair sponsored lunch and a chance to celebrate Member Appreciation Day.

In June we had four Hoosiers fly out to Reno, Nevada for the Annual ACE Conference hosted by the National ANFP, the three days were filled with educational events, trade shows, networking and a lot of fun. We celebrated at the Diamond & Denim Gala where our very own Maggie Rowlands, Indiana Treasurer and Past President was awarded the Chapter Volunteer of the Year Award! We are proud of you Maggie and grateful for all of your contributions! Indiana earned several awards this year including Diamond Award Finalist, Platinum State Achievement Award, Communications Award and the Membership Award, continuing the tradition of Indiana having a strong chapter in the ANFP.



Andrea Armstrong, CDM, CFPP Indiana ANFP President

Over the fall we headed out to Greentown where Chef Andy Taygart and his colleagues at Century Villa hosted a wonderful one day event. We would like to also thank our friends at Trilogy Health for providing several of the speakers for the day. It was a perfect day spent learning and connecting with each other! This year Thanksgiving had one more reason to be thankful, it just happened to fall on the 2nd annual National CDM, CFPP Day and this year Indiana recognized the holiday and it has been documented as a Proclamation in the Indiana Hall of Congress.

As we continue to welcome the holiday season I would like to send you all my personal warm wishes and blessings for a Merry Christmas and a safe and Happy New Year! Looking forward to see you all this spring for our Annual three day event that will be hosted at Das Essenhaus. The rooms are already blocked and taking reservations. Until then please always feel free to reach out to me or any member of the Indiana Chapter Board.

Save the Date—April 30 through May 2, 2025

Essenhaus Inn and Conference Center

Middlebury Indiana



Indiana ANFP is proud to announce the location and date for the 2025 Spring Meeting from Wednesday April 30 to Friday, May 2 at the Essenhaus Inn and Conference Center in Middlebury Indiana.

Essenhaus Inn and Conference Center and Inn has become a popular venue for Indiana ANFP. Located in the heart of Hoosier Amish Country, Essenhaus is known for its outstanding Amish cuisine and its many shops featuring crafts and products locally sourced from Indiana vendors.

Middlebury is located in northern Indiana, approximately 30 miles east of South Bend and is accessible to most major highways.

Reservations can now be made for rooms which we will receive a special rate of \$159 per night plus tax (\$178 total) Reservation number is 574-825-9471. Group of rooms listed under Indiana ANFP. Cut off for the rooms is March 29th. One catered meal will be provided. There is a complimentary breakfast for guests reserving a room.

Meeting registration can be made through the Crowded Application. Members can contact Maggie Rowlands, CDM, CFPP on instructions to use the App.

The spring meeting will offer almost 18 CE's for the three day event with what promises to be a diverse program covering sanitation, management, clinical service, human resources and communication. The three day agenda will be sent to the members by the end of February 2025.



Indiana ANFP Policy and Procedure Update

During the summer, ANFP introduced a set of Policy and Procedures for all ANFP Chapters to use. The new format will allow consistency between chapter operations and provide legal stability for the national organization. These policies will be available for review on the Indiana portal on the ANFP website.

While the Policy and Procedures are a framework on how a chapter should operate, the entire scope of the policies are limited to what the chapter is doing at this time but may aspire to in the future. Indiana will be allowed certain chapter specific policies however those will need



to be approved before posting. Our current award policies have been revised and while those have not been approved, the chapter will go forward with our awards as “best practice” for our chapter.

Our current policies have been removed from the ANFP website and will be permanently retired.

Pride in *Foodservice* Week
 ————— ANFP 2025 —————
 Proud ★ Dedicated ★ Celebrated

During the week of February 3rd through February 7th, please take time to recognize your team during Pride in Foodservice Week annually promoted by ANFP. This is a week to honor the dedicated service of our non commercial foodservice workers to our patients and residents. Please share any pictures or departmental celebrations to the ANFP leadership team and we will feature your work in the spring issue of The Hoosier.

\$ Indiana ANFP Treasurer Report \$

Submitted by Maggie Rowlands, CDM, CFPP

Opening Balance—9-27-24	22,726.21
R Milligan—HDMI Cord (for Fall Meeting	39.58
Transaction Fee	2.49
M Rowlands—Fall Meeting Speakers Gifts	101.00
Transaction Fee	2.49
R Milligan—USB Plug (for Fall Meeting)	8.55
Transaction Fee	2.49
Century Villa Greentown- Fall Meeting Fee	315.00
Transaction Fee	7.50
Closing Balance	22,562.11

Looking to Host a Fall Meeting?

The Indiana ANFP Board and Program Committee is looking for a location to host the Indiana ANFP Fall Meeting in 2025. Dates can be flexible but prefer late September to mid October. Hosting a state meeting is very financially desirable for the Hoosier Chapter so all resources can be focused on the three day spring meeting held at a conference center or resort. The host facility should have a meeting room that can hold at least 50 attendees and have some audio visual capabilities. A catered lunch is appreciated with nominal support from the chapter. This is a great way to showcase your organization and please see one of the chapter leaders if interested and would like to find out more in-



2025 Indiana ANFP Awards



For over three decades, Indiana ANFP have presented annual awards to it's members, key vendors and administrators to recognize their support for Indiana ANFP, it's mission and purpose and their many contributions to keep our chapter relevant and a continued leader within ANFP Chapter system.

On behalf of the current Indiana ANFP Board, it is our desire to present these awards at the spring meeting in Middlebury from April 30 through May 2. While it is our goal to present these awards annually, we have not been able to award anyone since 2020. At the September board meeting, it was decided to reestablish this very important Indiana ANFP tradition.

In our specific Indiana ANFP policies that will be added within the next year to the standard policies, we have three awards that we would like to present at the spring meeting. They are as follows:

- Indiana ANFP Distinguished Member of the Year**—This award had been presented to our members for at least 30 years. The member who receives this honor must be an active member who has demonstrated enthusiasm through leadership capabilities and contributed to the chapter through this leadership. Many of our recipients of this honor have gone on to take leadership at a national level. The recipient of this honor will be eligible for the 2025 Spotlight Award from ANFP that will be presented at ACE.
- Indiana ANFP Administrator of the Year Award.** This award has been redefined to broaden the scope of the award. Traditionally, this award has been given to an administrator of a facility that a CDM may work at. The new policy now broadens the criteria to include

CDM's, Registered Dietitians or any leader a CDM is associated with that has demonstrated support and enthusiasm for the CDM, CFPP Credential. This also includes mentors a CDM in the profession. This is a wonderful way to recognize that one person who has been instrumental in the CDM's professional development.



- Allied Partner of the Year**— This award now replaces Vendor of the Year. While Indiana ANFP has traditionally recognized an organization, we have redefined the criteria to recognize the individual who represent that company rather than the company itself. This includes our allied partners who have consistently provided their expertise though presentations on behalf of their organization at our spring and fall meetings. This also can include those individuals who have provided support of the CDM credentialing.

Bob Milligan, CDM, CFPP 2020 Distinguished Member of the Year presented by Tom Thaman, CDM,CFPP

In an email within the next few weeks, all Indiana ANFP members will receive a packet with the the awards criteria and a application form. The Indiana ANFP Board will vote for the recipients and all will be recognized in future Indiana ANFP communication and will receive an engraved award at the

Indiana ANFP



Rose Williams, CDM, CFPP 2018 Distinguished Member of the Year

2024 Indiana ANFP, A Year in Pictures



**Top Row—Indiana Fall Meeting—
Century Villa—Greentown, Indiana
ANFP Team with Chapter Awards at
ACE**

**Middle Row—Indiana ANFP Fall
Meeting—Century Villa—Greentown,
ANFP 2024 Platinum State Achieve-
ment Award—Indiana, Maggie Row-
lands, ANFP Volunteer of the Year.**

**Bottom Row: Indiana ANFP Spring
Meeting, Madison Park Church, Ander-
son, Indiana**

Welcome Indiana's New Professionals!!



Tennille Bedgood,
Gary, Indiana
tbegood@southshoregary.com

Dave Kesvornas, CDM, CFPP
Hamlet, Indiana
kesvornas@embarqmail.com

Heaven Clark, CDM, CFPP
Fort Wayne, Indiana
stavrle@gmail.com

Jeffrey Kolkman, CDM, CFPP
Spencerville, Indiana
jeffkolkman@morrisonliving.com

Mellissa Pierce, CDM, CFPP
Jasper, Indiana
balissa18@yahoo.com

Kaitlyn Harris, CDM, CFPP
Greenwood, Indiana
kharris@gvsnet.org

CDM® | CFPP®

CDM® | CFPP®

THE CORNERSTONE OF YOUR CAREER.

All CDM's Certified in 2024 will receive complimentary registration for the 2025 Spring Meeting at Essenhous Inn and Conference Center in Middlebury, Indiana from April 30 through May 2, 2025. Please contact Andrea Armstrong, CDM, CFPP or Maggie Rowlands, CDM, CFPP for details



Indiana ANFP was established in 1962 and is now in its 60th year. With over 400 CDM's statewide, Indiana is one of the largest chapters in the country. The chapter has recently undergone major changes and leadership comes from our a central board consisting of the President, President Elect, Immediate Past President, Secretary, Treasurer, State Spokesman and Newsletter Editor. Currently, we have two State Meetings per year, one in the Spring held in central Indiana and one in the Fall, which will be rotated between northern and southern Indiana. Our state meetings have varied programs and offer a minimum of 12 CE's per meeting. Meetings are also a great networking opportunity to meet members and share ideas and possibly find a future leader for your own team. Volunteer opportunities are available. Please consider getting involved with Indiana ANFP and help keep our 56 year tradition alive.

Upcoming ANFP Events and CE Opportunities

February 3, 2025

Pride in Foodservice Week

February 6, 2025

Virtual Winter Workshop—Impactful
Leadership and Evolving Your Skills for
Team Success—3 General CE's

April 30-May 2, 2025

Indiana ANFP Spring Meeting
Essenhaus Inn and Conference Center
Middlebury Indiana—18 CE's

June 23-26, 2025 ANFP

Annual Conference and Expo
Radisson Blu Mall of America
Bloomington, Minnesota –22 CE's



*Happy Holidays from the
Indiana ANFP Board!!*