



The Maryland Crab Chatter is published 4 times a year.

Article contributions are welcomed!

Please send submissions to Kyrese Johnson, CDM, CFPP, RDN to kyrese38@aol.com or drkyrese@gmail.com

The editor reserves the right to edit, condense or postpone articles sub-

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Crab Chatter



Spring Workshop Edition

As the Sun now shines past 8 pm and the days get nicer, I'd like to take a moment to tell you a little about myself. I live 8 miles north of Gettysburg on a 5 ½ acre property that is has been in my family for over 60 years.

It was a one room schoolhouse built in the 1850s and purchased and remodeled by my late Grandfather Dellinger into a family home with a second floor. My late Father actually went to school there when he was young.

As I continue to remodel, I think of my late Mother, who I lost in 2022, and how she would love the remodel.

I've been a member of ANFP since 2000. I had originally completed the course at HACC in 1983 but wasn't sure what path I was going to take at that time. So, I didn't sit for the exam until 2000.

I was originally a member of the PA Chapter, but when I started working in MD, Cathy Boyd got me interested in going to the Fall Workshop and I later switched my membership to MD.

I am looking forward to serving as your Chapter President and am thankful for the wonderful board we have. We will continue to work as a team to provide educational workshops.

Sincerely

Patrick Dellinger, CDM, CFPP



THANK YOU

A special thank you to Chef Robert for the years he served as our chapter president. He brought lots of fun, love and laughter. Thankfully, he will still be active in the chapter as a mentor to future officers. His work has not gone unnoticed.



Welcome to the 2024 Workshop!!!



ANFP member Everett posts the flag during opening ceremonies for the workshop.

WELCOME

Welcome First Timers!



**Meet Asbury Methodist Executive Director,
Michele Potter**



Michele took us on a tour of this wonderful facility!

We love our vendors!



What a great presentation by Sam Simon, Esq, Broadway Actor and Attorney as he talked about his cognitive decline with his diagnosis of Alzheimer's Disease.



Pictured: Jeff Whary, Sam Simon, his wife, Susan and Chef Robert

To make a Tax-Free donation for the continued research for MCI, Mild Cognitive Impairment, Demetia and Alzheimer's research through programs such as "Dementia Man":

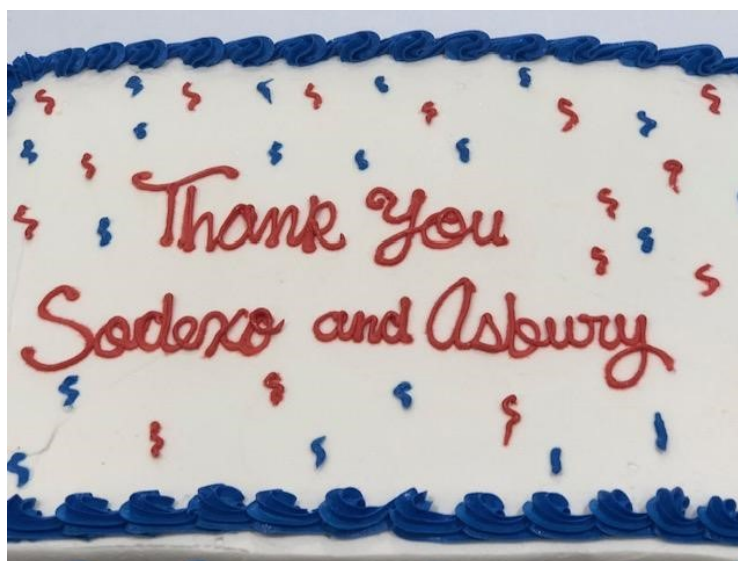
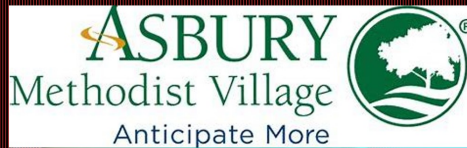
Mail To: Sam Simon 1472 Pathfinder Lane, Mc Lean, VA 2210

Chef Robert passing the torch to incoming president, Patrick Dellinger



THANK YOU SODEXO AND ASBURY METHODIST VILLAGE

For making our Spring Workshop possible!



A special thank you to the staff at Asbury! The food was delicious!



Chef Robert
enjoying some
refreshments

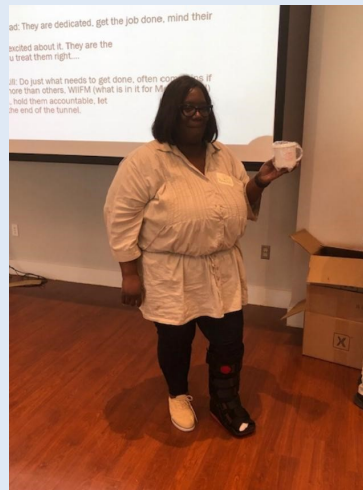


John manning the raffle table

Having a good time!!!!



Raffle Winners





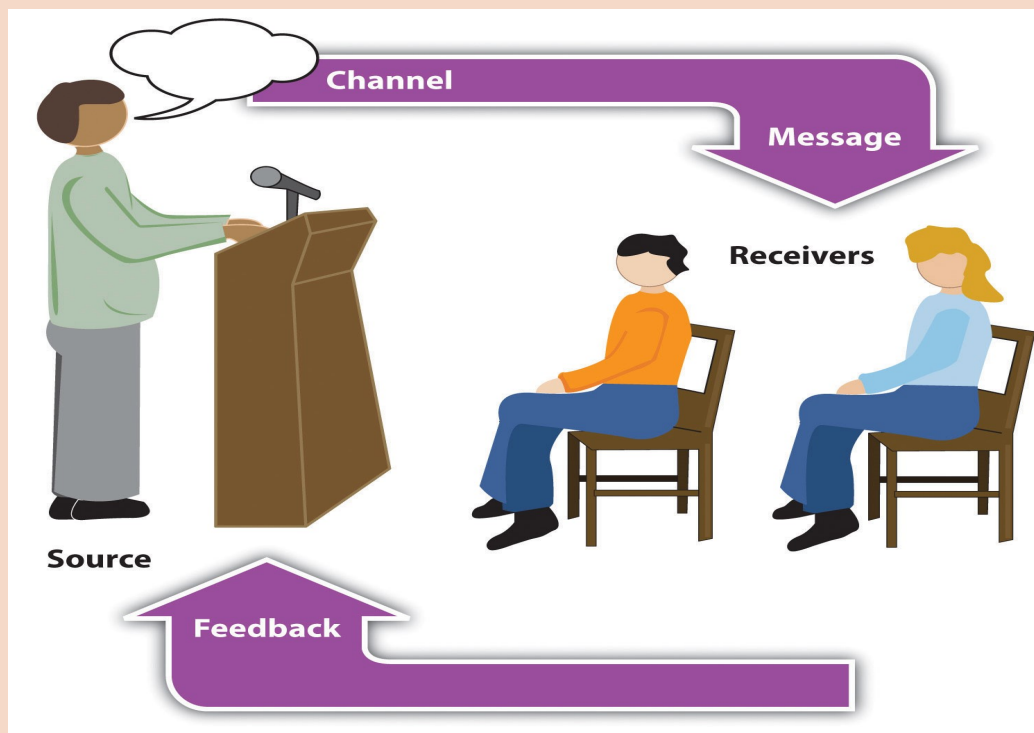
THE JESTER



Learning
and fun!!



We had great speakers, Flora and Simone



Please Read

I am an Assistant Professor at the University of Illinois Urbana Champaign in the College of Applied Health Sciences. I am writing to see if you would be willing to share the following blurb with Delaware ANFP members about a survey we are conducting about RDN and food service staff awareness and use of culturally diverse seasonings in healthcare settings.

We are writing to let you know about a study you may be eligible to participate in. The study, led by an investigator at the University of Illinois at Urbana Champaign (Minakshi Raj), seeks to understand your personal and professional use of culturally diverse seasonings.

The study involves a 25-30 minute online survey that can be taken on any browser. You will be compensated with a \$50 Amazon gift card upon completing the full survey. Your participation will not affect your relationship with us or our network. You are eligible to participate if you are currently:

- A practicing dietitian or food service personnel, including a consulting dietitian who works in multiple healthcare facilities
- Work in a hospital, long-term care facility, or in private practice in the U.S.

If you have any questions about the study or whether you are eligible, please directly email the investigator of the study, Minakshi Raj at mraj@illinois.edu.

If you are interested in participating, please email Minakshi Raj at mraj@illinois.edu for a personal link to the survey.

Thank you, and please let me know if you have any questions,

Mina

THANKS TO OUR VENDORS!!!!



THANK YOU VENDORS
We can't do it without you!



Dear Partners, Vendor and Friends of the MD/DC/DE ANFP Chapter;

Attached to this email is the information for our Vendor Expo, Monday, October 7, 2024, from 11:30am - 1:30pm.

Thank you for your support and partnership of our Fall Conference in Ocean City, Maryland. Our partner/vendor will be held on Monday, October 7, 2024: 11:30 am to 1:30 pm.

The cost of an 8-foot table is \$250. If you need 2, 8-foot tables, the cost is \$375.

Prior to the Vendor Expo we will be having a 1 hour vendor "Infomercial" 10-11:30 am. You have the opportunity to speak about your product and services for 7-10 minutes in front of our group of 90+ directors. We will allow 8 vendors to take advantage of this at a cost of just \$29 for approximately 8-10 minutes in front of a captivated audience of decision makers. Use this time to explain and demonstrate what you will be showing at the Vendor Expo. Use this time to fully educate our members what you and what your company are all about!

We encourage our vendors to consider sponsoring any of the following. You will be advertised and spoke of throughout the workshop.

- Continental breakfast or our Monday Pizza Lunch
- Coffee and Beverage Break or our Ice Cream Social
- Registration gifts, give aways, advertisement items from your company

- Door Prizes and Auction Items are a huge hit!



By doing so you will get extra acknowledgement and advertisement throughout the workshop.

Vendors wanting to provide a speaker will receive a complimentary table at the Expo, please contact Robert McKeon: chefrobert1966@hotmail.com or (301) 648-7119.

There are limited space for speakers currently available, so please contact me as soon as possible if you would like to take advantage of this opportunity.

All partner/vendors participating will receive valuable time with approximately 90+ projected directors and decision makers. There is a lot of interest in this meeting from our members since last years was such a success.

You will receive advertisement in our Chapter newsletter "Crab Chatter" reaching our over 450 members and attendees with their professional contact information.

Any questions about being a Vendor Partner at the conference please contact: Chef Robert McKeon at: 301-648-7119 or email: chefrobert1966@hotmail.com

NEW 48 CT UNCRUSTABLES POS DIST CODES

US Foods
1010082
1010083

Description
SM 2.6OZ UNCRUSTABLE PB&GRAPE WHT 48CT
SM 2.6OZ UNCR PB&STAWB WHT 48CT



UPC	Description	Case Count
5150040940	Smucker's Uncrustables ® Peanut Butter & Grape Jelly on Wheat Bread	48 ct/2.6 oz
5150050975	Smucker's Uncrustables ® Peanut Butter & Strawberry Jelly on Wheat Bread	48 ct/2.6 oz

SYSCO
7250644
7250713

Description
2.6 OZ UNCRUSTABLES PB & GRAPE
2.6 OZ UNCRUSTABLES PB & STRAWBERRY



UPC	Description	Case Count
5150040940	Smucker's Uncrustables ® Peanut Butter & Grape Jelly on Wheat Bread	48 ct/2.6 oz
5150050975	Smucker's Uncrustables ® Peanut Butter & Strawberry Jelly on Wheat Bread	48 ct/2.6 oz

GFS Code
431408
431409

Product Description
48-2.6Z SAND UNCRUST PB&J GRP WGRAIN
48-2.6Z SAND UNCRUST PB&J STRAWB



UPC	Description	Case Count
5150040940	Smucker's Uncrustables ® Peanut Butter & Grape Jelly on Wheat Bread	48 ct/2.6 oz
5150050975	Smucker's Uncrustables ® Peanut Butter & Strawberry Jelly on Wheat Bread	48 ct/2.6 oz

Hello,
Please find PFS/RFS & Vistar item numbers for 48 count Uncrustables below:

		PFS	RFS	Vistar
5150040940	2.6 oz Peanut Butter & Grape Jelly on Wheat - 48 CT	188313	VM284	SMU40940
5150050975	2.6 oz Peanut Butter & Strawberry Jam on Wheat - 48 CT	188416	VM286	SMU50975



Welcome New Members!

Jennifer Burgett

Crystal Cunningham, CDM, CFPP

Matthew G. Hundermark

Mrs. Keira Jarrett, CDM, CFPP

Mr. Rishi Kapoor, CDM, CFPP

Denise LeBlanc

Mr. Kenneth McMaster CDM, CFPP

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If you are interested in participating, please email Minakshi Raj at mraj@illinois.edu for a personal link to the survey.

Thank you, and please let me know if you have any questions,

Mina

Minakshi Raj, PhD, MPH

Assistant Professor | Department of Kinesiology and Community Health
Affiliate Faculty | Division of Nutritional Sciences | NCSA | Family Resiliency Center | CSBS
Director | Aging, Caregiving, and Technology Lab
College of Applied Health Sciences | University of Illinois at Urbana-Champaign
Email: mraj@illinois.edu
<https://actlab.kch.illinois.edu/>

30 minute meetings can be scheduled [here](#)



Do you have talents to share with your ANFP chapter? As the new Board gets uninstalled in June we have openings for several chair positions. Training will be provided as the current chairs move into new positions.

Membership - Train with Patrick - keeps track of new members, sends out welcome packets, and provides information for newsletter quarterly

Communication and Website - sends copies of newsletters, meetings and other chapter updates to national to keep our chapter website up to date, anyone with a social media presence would be great to help us get the chapter on social media

Newsletter Editor - Train with Kyrese over the next 2 years to produce THE CRAB CHATTER, our quarterly newsletter.

State Spokesperson - Join Wayne to keep chapter members updated on any legislation affecting ANFP

BENEFITS TO BECOMING A CHAIR AND JOINING THE BOARD

Learn Leadership Skills that can help in your job

Network with Board members and chairs at bi monthly meetings most with a nice dinner

Receive reimbursement and discounts for attending ACE, Regional meetings and Workshops

Advance to Leadership positions on the board, and step stone into national board positions.

If any of these opportunities are of interest to you contact any of the board officers for more information..



Save the date

October 6th, 7th, 8th, 2024

Work Shop

By the Sea

The Grand Hotel

Ocean City, MD

dreamstime



Board and Committee Members Contact Information

Board of Directors			
Patrick Dellinger	717-353-0916	Patwd37@centurylink.net	President
Bonnie Hollingsworth	443-789-4461	bhollingsworth55@icloud.com	Treasurer
Debi Canfield	240-291-2360	dacanfield@myactv.net	Secretary
Committee Chairs			
Kyrese Johnson	301-332-2020	Kyrese38@aol.com	Publisher: Crab Chatter Newsletter Editor
Robert McKeon	301-648-7119	ChefRobert1966@hotmail.com	Immediate Past President
Wayne Kuhn	410-857-5469	wwarfy1@gmail.com	State Representative
Gregory Vink	717-729-0224	gvink@chambersburgpa.gov	Director at Large
John Dankulich	240-818-2495	Jadankulich@hagerstowncc.edu	Director of New Membership
Jeff Whary	443-812-8675	chefcubmd@yahoo.com	Director of Education
Steve Plaster	301-223-1414	slplasterer@hmwd.org	Director at Large
Dawn Chisholm	717-451-3911	Dmc3951@gmail.com	Director of Hospitality

The **Maryland, Delaware, & DC Chapter of ANFP** is an affiliate of the national not-for-profit association. ANFP was established in 1960 that today has over 14,000 professionals dedicated to the mission of providing optimum nutritional care through foodservice management.

Vision -The Certified Dietary Manager is the cornerstone of the collaborative Dietetics profession.

Mission - Position the Certified Dietary Manager as the expert in foodservice management and food safety.

Like us on Facebook

MD-DE-DC ANFP

