



WYOMING

April 2021

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Spring Conference Info

March Birthdays

Keith Fletcher Lois Jevne

Mackayleigh Shultz

Save the Dates

WY ANFP Spring Conf. April 30, 2021

ACE- Annual Conference and Expo

June 28- July 1, 2021, Orlando, FL

ANFP Fall Regional Meeting

September 23-24, 2021, Toledo, OH



We're in this together!

FEBRUARY MEMBERSHIP MILESTONES

Congratulations Debbie Harvey for 20 Years as a CDM CFPP!

Congratulations Robin Hilbird-Bardgett for 5 years as a CDM CFPP!

Congratulations Christen Stakes for 10 years as a CDM CFPP!

Congratulations to our members that hit milestone membership anniversaries. We will begin recognizing: 1, 5, 10, 15 years, etc each newsletter.

Chapter Leaders' Updates

NEW
MINDSET



NEW
RESULT

CHAPTER PRESIDENT UPDATE:

I had an experience in March that was out of my control and it really helped to shape my mindset and my attitude. My mother and I spent the weekend in Denver to visit my little brother. We were sure we could beat the storm home, it's never as bad as they say it's going to be anyways. We got high-centered on deep snow in the middle of nowhere, taking back roads on our way home Sunday at 2 pm. Triple A was called and we refused a ride from a couple people because we thought help was on the way. At 6:30 pm I called them to ask about ETA, they had cancelled all the tickets and no one was coming, the storm was too bad. We called the Greely PD to let them know we were out there. We weren't an emergency situation so they continued to call us through the night to make sure we were still ok. It was 9:30 am Saturday before people stopped to see if we needed help. 19 hours in a car, in a storm overnight with no end in sight gives a lot of perspective. Many other things went wrong in the 4 days it took to get home but it was my choosing to focus on the good that made all the difference.

Finding hope has been hard this last year. I know people call in (rather they are sick or not), and truck doesn't come on time or the produce is less than ideal, equipment breaks, glove and paper product prices are through the roof, and all of that is just at work. There's the masks, vaccines, the children at home from school, lost jobs, and more. Moving forward I would challenge everyone to find a new mindset, look for the good and try to focus on the positive in a situation. I have a job I love. My friends and family are healthy. Felicia is our new National Chair Elect. I eventually made it home and my team covered everything while I was gone.



Thanks, Toni Skaggs WYANFP President

Chapter Leaders' Updates

Never lose hope,
success will reward
your hard work!

CHAPTER PRESIDENT-ELECT UPDATE:

HOPE . . .

This is what drives most of what we do. We hope for results with every action. We are hopeful for specific outcomes. When there is a different outcome than what we had envisioned, we have to adjust accordingly. Every moment in every day, we strive for positive outcomes and if that is not what happens, we do not lose hope. WE TRY AGAIN!! Whether we have to change the presentation or our expectation, we persevere with hope.

HOPE is every day in every way. We have hope in our personal and professional lives. We offer hope to our team, residents, clients, patients, their family members, family members of our own and even to ourselves! HOPE is everlasting!!

We are hopeful for a great attendance for our Wyoming ANFP 2021 Spring Conference on April 30th. We have planned a free opportunity for CEU's at either virtual or in-person options to make it more accessible to all of our members, retired members and students. Unfortunately, we were not able to have a full year of conferences. However, we do not lose hope for future conferences.

HOPE is our future. We hope for YOU to join us as volunteers in our Wyoming ANFP Chapter. We will be holding elections and there are many opportunities for you to serve in any capacity you may wish. I would also like to take this moment to congratulate Felicia on her new role as Chair-Elect of the ANFP National Board!!

"THANK YOU" to each and every one of you for everything you do – you are making a difference in peoples' lives on a daily basis! Every action and thought makes a difference and brings about change!

The checking account balance is: \$1934.38

The saving account balance is: \$769.43

Thanks, Robin Hilbird-Bardgett WYANFP President-Elect

Chapter Leaders' Updates

But you have to have hope. You have to be optimistic in order to continue to move forward.

John Lewis

CHAPTER STATE SPOKESPERSON UPDATE:

Have the Courage to say YES:

Is this the year you say YES?? Wyoming ANFP is hosting our spring conference on April 30th, 2021 in Douglas. We will also have a virtual option available. We have several board positions available for volunteers to take the leap and step up. Don't worry, we will be here to help. We miss seeing all of your beautiful faces and look forward to seeing you either in person or virtually. 2020 tested our courage, strength and most of all our resilience. So why stop now? As a volunteer you not only have the opportunity to help your peers but also build those relationships. I don't know what I would do without my ANFP family. Whether it is our state chapter or members I have met at other conferences or ACE, I know that you always have my back. It is a great feeling to know that you are not in this alone, that someone else is fighting the same struggles you are and they understand and might even have the answers you are looking for. So say YES!! Who knows where your adventures might take you! I am proud of the members in our state and all of the hard work they do.

[Wyoming ANFP Spring Conference Virtual information:](#)

[Zoom Meeting: Meeting ID: 849 8508 1545 Passcode: 291834](#)

[Meeting starts at 8am April 30th, 2021](#)

We will be holding state elections in April, for President Elect, Secretary and Treasurer.

Thanks, Felicia Smith WYANFP State Spokesperson

Membership

6 Pre-professionals

1 Allied Professional

64 Certified Professionals

1 Retired Professional



MEMBERSHIP RESOURCES

COVID-19 Resources:

[ANFP COVID-19 Resources](#)

[Wyoming Department of Health Resources](#)

[CDC Approved Disinfectants](#)

[FAQs About Registered Dietitian Nutritionists](#)



BE THE CHANGE

2021 Wyoming ANFP Spring Conference, Douglas, Wyoming & ZOOM

Thursday, April 29th, 2021

6:00pm – Wyoming ANFP Board Meeting & Dinner

Friday, April 30th, 2021

7:30am – Breakfast & Check In

8:00am – Jim Cussins: Budget & Financial Responsibility

Objective: Understand the financial responsibility of a food service director and how to manage your budget.

CEU: 1.25 GEN

9:30am – Nick Belveal: HIPPA

Objective: Understanding HIPPA and patient privacy and how ethics play into a patient's privacy in a small community.

CEU: 1.25 ETHICS

11:00am – Wade Brennan: Body Mechanics

Objective: Safe body mechanics

CEU: 1.25 GEN

12:15pm – Lunch, Membership Meeting, & Elections

1:30pm – Peggy Hayes: Mental Health, Self-Care, State Resources

Objective: Self-care and work life balance.

CEU: 1.25 GEN

3:00pm – Tom Holt: Dial in Your Health

Objective: Dial in your health, make small changes for a healthy lifestyle.

CEU: 1.25 GEN

4:30pm – Roundtable: Moving Forward After COVID

Objective: Changes that have been put into place over the last year. Following State & National orders. New chemicals & processes. How to teach your team the 'Why' behind changes. Answer questions and hear from members about where they need help and what they have done that has worked well.

CEU: 1 SAN

6:00pm – Dinner

Be the change you want to see in the world.

BE THE CHANGE

Wyoming ANFP Spring Conference 2021

April 30th, 2021

Memorial Hospital of Converse County, Douglas, WY

(307)358-1412

Hosted by: Toni Skaggs CDM CFPP

Registration Form -- Please complete one form for each registrant

Circle one: ANFP Members

Non-Members

\$0

\$0

Please register by April 15th
In Person or Virtual (Please circle)

Students: \$0 Registration

Name:(Please Print Clearly) _____

Facility Name: _____

Title: _____ ANFP Number: _____

e-mail Address: _____

Email Registrations:
fsmith@mhccwyo.org

Wyoming ANFP Spring Conference
Douglas, Wyoming
April 30th, 2021

Mail Registrations to:
Robin Hilbird, CDM,CFPP
Memorial Hospital of Converse County
111 South 5th Street
Douglas, WY 82633

Registration: \$ 0

Total \$ 0

Registrants Signature: _____